

**IDAHO DEPARTMENT OF LANDS
PRESEASON CONTRACT PROVISIONS AND SACK LUNCH SPECIFICATIONS**

Since the needs of the Government and availability of Contractor during an emergency cannot be determined in advance, it is mutually agreed that, upon request of the Government, the Contractor shall furnish the service listed herein to the extent the Contractor is willing and able at the time of order.

Sack Lunch Options

Note: Small deviations from the minimum amount for the commercially packaged products may be allowed with prior approval from the IC.

| MENU ITEM | MINIMUM AMOUNT | SPECIFICATIONS AND COMMENTS |
|---|----------------|--|
| PRIMARY AND SECONDARY MEAL | | LUNCHES WILL INCLUDE 2 DIFFERENT ITEMS FROM THIS CATEGORY |
| Sandwich with choice of meat : | | Regular and Vegetarian Primary Meal shall be a sandwich or a wrap. Sandwiches may be all meat or a combination of meat and cheese. |
| Turkey | 4 oz | |
| Ham | 4 oz | |
| Chicken | 4 oz | |
| Roast Beef | 4 oz | |
| Multi-meat (hoagie style) | | |
| Burrito/Chimichanga: | 1 ea | Must be factory wrapped. |
| Beef | | |
| Chicken | | |
| Pork | | |
| Bean | | |
| Rice and Cheese | | |
| Hard Salami or Summer Sausage | 4 oz | Salami Sticks/Jerky are not acceptable as Primary or Secondary Meal |
| Hard Boiled Eggs | 2 eggs | In addition to the Primary and Secondary Meal |
| Peanut Butter and Jelly Sandwich | 6 oz each | Per sandwich |
| Spam | Single packet | With FDUL approval. Include foil |
| Tuna | One packet | |
| Cobb Salad | 8 oz | 4 oz. protein Freshly Made with FDUL Approval |
| Ground beef patties | 4 oz | With FDUL approval |
| Meatloaf | 4 oz | With FDUL approval |
| *Items with oz & Cal are either/or. *Items listed as each are standard serving size. | | |

| MENU ITEM | MINIMUM AMOUNT | SPECIFICATIONS AND COMMENTS |
|---|------------------------|--|
| VEGETARIAN MEAL OPTIONS | | |
| VEGETARIAN LUNCHESES WILL INCLUDE 2 DIFFERENT ITEMS FROM THIS | | |
| Burrito/Chimichanga: | 1 ea/5 oz. | Primary Vegetarian Meal shall be a sandwich or wrap containing 4 oz. of a non-meat protein. Cream cheese is not considered a protein for this requirement. |
| Bean | | |
| Rice and Cheese | | |
| Hard Boiled Eggs | 2 eggs | In addition to the Primary and Secondary Meal |
| Veggie Burger | | Bean, Tofu, Tempeh, Rice, Quinoa, or equivalent |
| Peanut Butter and Jelly Sandwich | 6 oz each | Per sandwich |
| Veggie Wrap with Hummus | Equivalent to Sandwich | In tortilla wrap or pita bread |
| Salads: | 8 oz | All salads will have vegetables, spices and variety. |
| Quinoa | 8 oz | All salads will be made with a non-mayonnaise base (i.e. Italian dressing or olive oil) |
| Pasta | 8 oz | When served as a main meal salads will be 8 oz servings |
| Couscous | 8 oz | |
| Bean | 8 oz | |
| Other | | At the discretion of the FDUL |
| SALADS, WHOLE FRUITS, AND VEGETABLES | | |
| LUNCHESES WILL INCLUDE 2 DIFFERENT ITEMS FROM THIS CATEGORY | | |
| SALADS | | |
| Shall be Freshly Made With FDUL Approval | | |
| Quinoa | 4 oz | All salads will have vegetables, spices and variety. |
| Pasta | 4 oz | All salads will be made with a non-mayonnaise base (i.e. Italian dressing or olive oil) |
| Couscous | 4 oz | When served as a side, salads will be 4 oz servings |
| Bean | 4 oz | Whole grains when possible |
| WHOLE FRUIT | | |
| Apples | 100 Count | All chopped or cut fruits will be non-compacted 1 cup portions |
| Oranges | 88 Count | |
| Pears | Equivalent to Apples | |
| Strawberries | 1 Cup | |
| Pineapple | 1 Cup | |
| Nectarines | Equivalent to Apples | |
| Other | | Approved by FDUL |
| *Items with oz & Cal are either/or. *Items listed as each are standard serving size. | | |

| MENU ITEM | MINIMUM AMOUNT | SPECIFICATIONS AND COMMENTS |
|--|-------------------|---|
| WHOLE VEGETABLES | | |
| Carrots | 1 Cup | All chopped or cut vegetables will be 1 cup non compacted portions |
| Sugar Snap Peas | 1 Cup | |
| Celery | 1 Cup | |
| Cucumber | 1 Cup | |
| Baby Bell Peppers | 1 Cup | |
| Avocado | 1 Cup | |
| Other | | Approved by FDUL |
| ENERGY SNACKS | | |
| LUNCHES WILL CONTAIN 6 DIFFERENT ITEMS FROM THIS CATEGORY | | |
| Granola bar | 1 ea | Nature Valley® or equal quality |
| Energy bar | 1 ea | ProBar™, LUNA®, LARABAR®, odwalla®, Tigers Milk®, CLIF®, or equal quality |
| Trail mix | 3 oz | |
| Candy bar | 1 ea | Snickers®, Milky Way®, Butterfinger®, or equal quality |
| Beef or Turkey Jerky | 2 oz | |
| Bagel | 1 full or 2 minis | |
| Cheese | 2 ea | Babybels®, or cheese stick |
| Crackers | 1oz/130 Cal | Goldfish® or another non-crushable type |
| Nuts | 1 oz | Almonds, Pistachios, or mixed variety |
| Sandwich Crackers | 1oz/150 Cal | Peanut butter, cheddar, or other varieties |
| Muffin | 3 oz | |
| Baked potato chips | 1oz/160 Cal | Baked potato chips, tortilla chips, or similar variety |
| Fruit or vegetable squeeze pouch | 3oz | Applesauce, or mixed varieties |
| Non-sugared dried fruit | 200 Cal | Apple rings, bananas, apricot, pear, cranberry, raisin, plum |
| Granola | 4 oz | Loose-not in bar form |
| Dill pickle pack | | Mt. Olive on the go picklePAKs, or equivalent |
| Fruit straps | 2 ea | |
| Fruit bar | 1 ea | |
| Single serving peanut butter pouch | 1oz/200 Cal | |
| Pretzels | 110 Cal | Plain or peanut butter flavored |
| Seeds | 1 oz | Sunflower, pumpkin, or other varieties |
| Graham crackers | | |
| Fig cookies | | |
| <p align="center">*Items with oz & Cal are either/or. *Items listed as each are standard serving size.</p> | | |